

Tie Dye Instructions

A great way to up-cycle an old white shirt.



MATERIALS

- White cotton shirt
- Poster board
- Scissors or X-Acto knife
- Tie Dye paint
- Fabric paint
- Zip ties or rubber bands
- Plastic plate
- Tray
- Washable Marker
- Tablecloth
- Latex gloves



INSTRUCTIONS FOR WORLD ICON

- 1 Place the tablecloth on top of the flat surface to protect the table
- 2 Fold (damp) shirt in half, flatten out to remove wrinkles
- 3 Using a plastic plate and a washable marker, draw a half circle at middle of shirt
- 4 Pleat shirt along the circle to form a straight line
- 5 Use zip tie or rubber band along the line to tie off section
- 6 Leave the top section white (here's where you'll draw the world)
- 7 Place shirt on tray
- 8 Apply dye to the various sections as you please
- 9 Let dye set on t-shirt for 6-8 hours
- 10 Place a sheet of poster board inside the shirt
- 11 Using marker trace image of continents on sheet of poster board
- 12 Cut out the shape of continents on the sheet of poster board
- 13 Place poster board on top of the shirt, positioning the continents on the white area of the shirt
- 14 Paint the continents and body of water
- 15 Let shirt dry

Watch the Instructional Video at
[youtube.com/wastemanagement](https://www.youtube.com/wastemanagement)

THINK GREEN.®

World Icon



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INSTRUCTIONS FOR RECYCLE ICON

- 1 Place the tablecloth on top of the flat surface to protect the table
- 2 Fold (damp) shirt in half, flatten out to remove wrinkles
- 3 Using a plastic plate and a washable marker, draw a half circle at middle of the shirt
- 4 Pleat shirt along the circle to form a straight line
- 5 Use zip tie or rubber band along the line to tie off section
- 6 Continue zip tying sections off until you reach your desired amount
- 7 Place shirt on tray
- 8 Apply dye color, leave one section white, apply different dye color to the next section (repeat)
- 9 On the last section apply the first dye color
- 10 Let dye set on t-shirt for 6-8 hours
- 11 Place a sheet of poster board inside the shirt
- 12 Using marker trace image of recycling logo on sheet of poster board
- 13 Cut out the shape of recycling logo on the sheet of poster board
- 14 Place poster board on top of the shirt, positioning the recycling logo on the center
- 15 Using (white) fabric paint, paint the recycling logo onto the shirt.
- 16 Let dry and remove stencil to reveal recycling logo

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